



Date: \_\_\_\_\_

## Board Member Application Form

### Applicant Contact Info

Full Name \_\_\_\_\_

Address \_\_\_\_\_

Street

City

State

Zip

Telephone \_\_\_\_\_

Cell

Home

Work

E-Mail \_\_\_\_\_

### Applicant Details

Do you have lived experience with mental health challenges?

Yes

No

Current Employer \_\_\_\_\_

Address \_\_\_\_\_

Street

City

State

Zip

Position Held/Title \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Type of Business/Organization: \_\_\_\_\_

Primary Service(s) and area of population served: \_\_\_\_\_

Will you serve on the Wellbeing Initiative Board as a representative of your current employer or organization?

Yes

No

Please list any boards or committees you currently serve on or have served on (Business, civic, political, religious, social, etc.)

Organization	Role/Title	Dates of Service



Wellbeing Initiative, Inc.

---

---

**Education/Training/Certificates**

---

---

**Optional** –Have you received any awards or honors you would like to mention?

---

---

**How do you feel Wellbeing Initiative would benefit from your involvement on the Board?**

---

---

**Skills/Experience/Interests** (Please check all that apply)

- |                                  |                          |                        |                          |
|----------------------------------|--------------------------|------------------------|--------------------------|
| Finance, accounting              | <input type="checkbox"/> | Education, instruction | <input type="checkbox"/> |
| Personnel, human resources       | <input type="checkbox"/> | Special events         | <input type="checkbox"/> |
| Administration, management       | <input type="checkbox"/> | Grant writing          | <input type="checkbox"/> |
| Nonprofit experience             | <input type="checkbox"/> | Fundraising            | <input type="checkbox"/> |
| Community service                | <input type="checkbox"/> | Outreach, advocacy     | <input type="checkbox"/> |
| Policy development               | <input type="checkbox"/> | Other                  | <hr/>                    |
| Program evaluation               | <input type="checkbox"/> | Other                  | <hr/>                    |
| Public relations, communications | <input type="checkbox"/> | Other                  | <hr/>                    |

Please list any groups, organizations or businesses that you could serve as a liaison to on behalf of Wellbeing Initiative.

---

---

Please tell us anything else you'd like to share.

---

---

**Thank you for applying**

Please return to Sherri Wimes, Board President. [wimessheri@gmail.com](mailto:wimessheri@gmail.com)



## *Thank you for considering service on the Wellbeing Initiative Board of Directors.*

The mission of the CAC is **to impact the lives of those living with mental health challenges by providing a community of well-informed peers that empowers members to reach their fullest potential.**

As you consider this opportunity, please familiarize yourself with this list of expectations:

### ***As a Board Member —***

1. I will communicate Wellbeing Initiative's mission and values to the community and promote the organization.
2. I will attend at least 75% of board meetings and special events.
3. I will actively participate in one or more fundraising activities.
4. I will serve actively on committees of the Board as requested by the President.
5. I will act in the best interests of the organization, and excuse myself from discussions and votes where I have a conflict of interest.
6. I will maintain confidentiality of the Board's executive sessions and will speak for the Board only when authorized to do so.
7. I will stay informed about what's going on in the organization. I will ask questions and request information. I will participate in and take responsibility for making decisions on issues, policies and other board matters.
8. I will work in good faith with staff and other board members as partners towards achievement of our goals.

### ***From Wellbeing Initiative —***

1. I will receive an orientation to the board by the Executive Director and a current member of the Board of Directors.
2. Opportunities will be offered to me to discuss with the Executive Director and the Board President the organization's programs, goals, activities, and status; additionally, I can request such opportunities.
3. The organization will help me perform my duties by keeping me informed about issues in the community- based human services and community in which we are working, and by offering me opportunities for professional development as a board member.
4. Board members and staff will work in good faith with me towards achievement of our goals.
5. If the organization does not fulfill its commitments to me, I can call on the Board President and Executive Director to discuss these responsibilities.

## *For Your Reflection*

***As you consider joining the board, here are some questions to consider:***

### **Is Wellbeing Initiative the right cause and organization for me?**

Approach this decision as if you were planning to make a major donation. This is your time and energy being invested here after all. Ask yourself whether you truly feel strongly about the type of work Wellbeing Initiative does and the people we serve. Is our mission a cause you feel personally passionate about?

### **Can I work with Wellbeing Initiative and this board at this particular stage in its life?**

At one time in an organization's life, board service may be fairly smooth with a few bumps, while at another time, board service may involve a hair-raising roller coaster ride (of course, an unexpected event can throw any board for a loop). What type of board seems right for you right now? What about the diversity of the board; does it represent the stakeholders in the community? You may want a board that really lets you roll up your sleeves and get to work with the other board members, or you may want a board that is stable and can let you learn about board work in a deliberate way.

### **What can I, and what will I, contribute to Wellbeing Initiative?**

What skills, contacts, and perspectives do I have that will be useful to this organization? How, specifically, will the board use what I can bring? Often as board members, we find that some of our talents and contacts never seem to get utilized by the boards we're on. Perhaps you gave up a music career for accounting, or have writing skills that are not used at your job. Perhaps your network includes dozens of influential community leaders. Consider first what you bring to the table, and then, whether you are willing to give that to Wellbeing Initiative. Ask yourself:

*Do I believe in this organization enough to introduce my friends to it? Can I commit the time and energy actively participating on the board would require of me? Can I volunteer with other board members outside of scheduled meeting times? Would I feel comfortable having my name on Wellbeing Initiative's marketing materials?*

### **What do I want to get out of being on this board?**

An all-too-common experience for board members at the ends of their terms is a feeling that they never really got deeply involved and don't, as a result, feel that they contributed as much, or got as much, as they had hoped from the experience when they first joined. Board members who plan and ask for what they want in the board will contribute more as well as gain more.

The right time to ask these questions is before, not after, you have joined the board.