

# Region V Peer to Peer

Intentional Peer Support co-reflection is about creating mutual learning relationships, focusing on hope and possibility, and exploring together the four tasks – *connection*, *worldview*, *mutuality* and *moving towards*.

**Please join other peers in learning and growing both individually and as a community.**

When: 1<sup>st</sup> Thursday of every month  
9:00am- 11:00am

Where: Region V building  
1645 N Street  
Lincoln Ne



For more information please call Phyllis McCaul at 402-441-4361